

## COUNTY OF SAN LUIS OBISPO DEPARTMENT OF SOCIAL SERVICES

ORGANIZATION	PHONE NUMBER AND WEBSITE	RESOURCE INFORMATION AND SERVICES
211 Resource Line United Way of SLO 1288 Morro Road, #10, SLO 93401	805-541-1234 www.211slo.org Mon-Thurs 9:00 am to 5:00 pm; Fri 9:00 am to 4:00 pm	Assistance finding resources in SLO County
<b>40 Prado</b> 40 Prado Road San Luis Obispo 93401	805-544-4004  Daily 8:30 am - 4:00 pm; Night shelter 4:00 pm - 7:30 am  https://friendsof40prado.org/	Shelter and multi-services center. Shelter capacity is 100 beds – may want to call ahead for availability. Day services include meals, case management, VI-SPDAT assessment for placement on 60 Now list (placement on the list guarantees consideration, but doesn't guarantee housing; priority is based on vulnerability, length of time homeless, and availability of units).
<b>5 Cities Homeless Coalition</b> 1566 W. Grand, GB 93433	805-574-1638 www.5chc.org	Provides preliminary assessments and referrals to available services and resources. They provide housing assistance, supportive services for Veteran families, short term medica respite, assistance with detox, warming centers and more.
Adult Day Care Center (CAPSLO) 1345 Oak Street, PR 93446	Phone: 805-239-5679 Fax: 805-239-5729 Mon-Fri 8:00 am to 5:00 pm	Affordable adult day care program focusing on providing respite to family caregivers and quality care to aging loved ones with Alzheimer's, dementia, or other cognitive impairments.
Alliance Pharmaceutical Access (APA) 1428 Phillips Lane Suite B-4, San Luis Obispo, CA 93401	805-548-0894 http://apameds.org Tues 1:00 pm to 5:00 pm	Apply for free or reduced cost prescription medications to restore and maintain health and wellbeing.
Alcoholics Anonymous 1137 Pacific Street, SLO 93401	805-541-3211 Toll Free: 855-541-3288	Support and Recovery Groups for alcoholics using the 12 Step Program.
America's Job Center of CA 3450 Broad Street, SLO 93401	805-286-8530 www.SLOworkforce.com www.americasjobcenter.ca.gov www.CalJobs.ca.gov	America's Job Center provides a comprehensive range of employment and training services for job seekers and employers.
<b>Area Agency on Aging</b> 528 S. Broadway, SM 93454	805-925-9554 www.centralcoastseniors.org	Coordinate and monitor a system of services for seniors such as home delivered meals, homemakers, respite for caregivers, legal assistance, etc.
Behavioral Health Services County of San Luis Obispo 2178 Johnson St., SLO 93401	Step 1: Call 800-383-1381 (24-Hour Hotline) . Available in Spanish.  805-781-4275	The Behavioral Health Department is part of the Health Agency and works in collaboration with the community to provide services necessary to improve and maintain the health and safety of individuals and families affected by mental illness and/or substance abuse.
California Rural Legal Assistance, Inc. 175 Santa Rosa Street, SLO 93401	805-544-7994 www.crla.org	Legal services by income guideline for dismissal of convictions, felony reduction, early termination of probation by pro bono attorneys.
Catholic Charities Diocese of Monterey 3592 Broad Street, #104, SLO 93401	805-541-9110 https://catholiccharitiescentralcoast.org/	During the months of October to January they will assist with utilities and possible rent, and will assist with USA Citizenship.
CenCal Health 1288 Morro St., Ste., 100 SLO 93401	Toll Free: 800-421-2560  SLO: 805-685-9525  www.cencalhealth.org	Local community health plan and Medi-Cal programs for the Central Coast. Call center is available to assist you Monday through Friday from 8:00 am to 5:00 pm.
The Center (CAPSLO) 705 Grand Avenue, SLO 93401 1152 Grand Avenue, AG 93420	805 -544-2478 805-489-4026 thecenter@capslo.org	Pregnancy testing, emergency contraception (Plan B) birth control, condoms, STI/STD testing and treatment HIV testing and counseling, menopausal services referrals for free mammograms, exams, including pap smears, clinical breast exams and male exams, education colposcopy /cryotherapy, hours for teens.
Child Care Resource Connection Community Action Partnership of SLO 805 A Fiero Lane, SLO 93401	805-541-2272 www.capslo.org	Information and referrals for child care providers in SLO County. Alternative Payment Program and Child Care Food Program. All services in English and Spanish.
Child Development Resources Center of the Central Coast 1720 Bishop Street, SLO 93401	805-544-0801 www.chidrensresource.org	Nonprofit organization and community program that provide educational and therapeutic programs that focus on protecting children by their commitment to heal, support, and strengthen families in need. Sliding scale available.

Child Support Services (DCSS) 1200 Monterey Street, SLO 93401	866-901-3212 CA: www.childsup.ca.gov SLO: www.slocounty.ca.gov	California's Child Support Services Program works with parents - custodial and noncustodial - and guardians to ensure children and families receive court-ordered financial and medical support. Mon-Fri 8:00am to 5:00pm
Community Action Partnership of SLO (CAPSLO) 1030 Southwood Drive, SLO 93401	Phone: 805-544-4355 www.capslo.org	CAPSLO provides several services to the community of SLO.
Community Counseling Center 676 Pismo Street, SLO 93401 1069 Main St. Suite B Cambria 93428 517 13th Street, PR 93446 555 13th Street, Suite C, GB 93433	For all inquiries call: 805-543-7969 www.cccslo.com	Affordable psychotherapy for the economical disadvantaged and underinsured residents of the Central Coast, no one is denied services.
Community Health Centers  Arroyo Grande	www.communityhealthcenters.org	From Primary Care, Family Dentistry and Pediatrics, to Health Education, Chronic Disease Management and OB/GYN, their fully accredited health centers provide medical services to everyone.  Mon-Fri: 8am to 8pm, Sat-Sun 9am-5pm, closed 12-1
1205 E. Grand Avenue, Ste H 93420 1057 Grand Avenue 93420 260 Station Way 93420 <b>Atascadero</b>	805-994-2300 805-270-1700 805-473-6201	Mon 8:00 am to 12:00 pm; Tues/Thurs 8:00 am to 7:00 pm  Mon-Fri 8:00 am to 6:00 pm
7512 Morro Road 93422 Cambria 2515 Main Street 93428 Nipomo 150 Tejas 93444	805-792-1400 805-927-5292 805-929-3211	Mon -Fri 8am to 6pm  Mon-Fri 8:30am to 5:30pm, closed 12:30-1:30  Mon-Fri 7:30am to 6pm
Oceano 2120 Cienaga Street 93445 San Luis Obispo 77 Casa Street, Suite 201 93401 40 Prado Road 93401 1551 Bishop Street 93401 San Miguel	805-994-2100 805-269-1500 805-473-4712 805-549-0402	Mon-Fri 8am to 6pm  Mon-Fri: 8am to 7pm, Saturday: 9am to 5pm  Mon-Fri 8am to 5pm
1385 Mission Street 93451 <b>Templeton</b> 325 Posada Lane, Ste A-C 93465	805-467-2344 805-542-6700	Mon-Fri 8am to 5pm  Mon-8am to 7pm, Wed- 8am to 7pm, Thurs-8am to 12pm
Consumer Affairs/Small Claims Advice County Government Center #235 SLO	805-781-5856	Mon-Fri 8am to 6pm  Info &/or mediation of disputes (consumer affairs, landlord/tenant, employer/ee)
CSEC-Collaborative Response Team of SLO County 3433 S. Higuera Street 93401 All Six DSS Offices	Child Abuse Hotline: 805-781-5437 Toll Free: 800-834-5437	Responds and reports sexual exploitation of children in all types of communities, particularly prevalent with foster children who run away from their caregivers.
<b>Department of Rehabilitation</b> 3220 S. Higuera Street, Suite 102	805-549-3361 www.dor.ca.gov	Employment services for eligible persons with physical and mental disabilities.
<b>Department of Social Services</b> 1086 Grand Ave., Arroyo Grande 93420	805-474-2000	Temporary aid to needy families, CalFresh, Medi-Cal, Foster Care, General Assistance & other Social Services programs. North Co, Toll free: 1-800-834-3002 South Co,
9415 El Camino Real, Atascadero 93422	805-461-6000	Toll free: 1-800-834-4636
600 Quintana Rd., Morro Bay 93442 681 W. Teft St. Ste #1, Nipomo	805-772-6405 805-931-1800	
93444 406 Spring St., Paso Robles	805-931-1800	
93446 3433 S. Higuera St., SLO 93401	805-781-1600	

Drug and Alcohol Services (DAS) 2180 Johnson Ave, SLO 93401 1523 Longbranch, GB 93433 3556 El Camino Real, Atas 93442 1763 Ramada Drive, PR 93446	805-781-4275 805-473-7080 805-461-6080 805-226-3200 24 Hour Hotline 1-800-783-0607	Please contact our access line at 1 (800) 838-1381 for information or to schedule an appointment. All services are available in Spanish. Screening and Assessment, Treatment Planning, Psychotherapy, Medication Services, Psychiatry. Other programs include: Adult Justice/Court Programs, Behavioral Health Treatment Court, Co-Occurring Disorder Treatment, Driving Under the Influence (DUI) Programs, Drug and Alcohol Residential Programs, Jail-Based Services, Medication Assisted Treatment Mentally III Offender Crime Reduction grant, Narcotic Treatment Program, Perinatal Outpatient Extended Group (POEG), Recovery Support Services, Withdrawal Management – Detox Case Management, Adult Residential Placement
Early Head Start		Emphasize a strengths-based, relationship-centered
(CAPSLO) 1030 Southwood Drive, SLO 93401	805-544-4355	approach to services, and encompass full range of a family's
EDD (Employment Development Department) State Disability Insurance (SDI) 880 Industrial Way, SLO 93401	800-480-3287 www.edd.ca.gov	needs from pregnancy through a child's third birthday.  For info: unemployment insurance; job placement. Also see Disability Insurance (SDI)
El Camino Homeless Organization (ECHO) 6370 Atascadero Ave., Atas	805-462-3663 Open daily @ 4:30 pm	The shelter provides preliminary assessments and referrals to available services and resources. ECHO provides case management, safe shelter, open meal program, and employment services.
Friends Outside California Men's Colony Visitation HWY 1, San Luis Obispo, CA 93401	Family Liaison Services Specialist: 805-547-3888	CMC Visitor Center for families to visit. Assist families with support groups for people affected by incarceration.
Head Start (CAPSLO) 1030 Southwood Drive, SLO 93401	805-544-4355	Children who attend Head Start participate in a variety of educational activities. They also receive free medical and dental care, have healthy meals and snacks, and enjoy playing indoors and outdoors in a safe setting. Including full time, full year, part time, part year, and part day.  Head Start Programs in San Luis Obispo, Atascadero,
HICAP Health Insurance Counseling and	1-800-434-0222 Email: seniors@kcbx.net or call 805-	Cambria, 5-Cities, Los Osos, Nipomo, Paso Robles  Local help for people on Medicare and provides free and unbiased assistance.
<b>Advocacy Program</b> 528 South Broadway, SM 93454	925-9554 www.centralcoastseniors.org	Monday-Friday 8:00 am to 5:00 pm
Hospice of SLO County 1304 Pacific Street, SLO 93401 935 Riverside Ave. Unit #6, PR 93465	805-544-2266 805-226-5641 By Appt Only www.hospiceslo.org	Serving SLO County residents dealing with a life-limiting illness through providing in-home respite care, emotional, spiritual, practical and non-medical support; grief counseling support through group and individual counseling services; education about dying and death from professionals and the community through classes, workshops, trainings, book groups and outreach programs.
Housing Authority San Luis Obispo (HASLO) 487 Leff Street, SLO	805-543-4478 www.haslo.org Email: info@haslo.org	HASLO provides rental housing and a home ownership opportunity. Our clients include families, seniors, veterans and the disabled.
Liberty Tattoo Removal (CAPSLO) 814 Ricardo Court, SLO 93401	805-544-2484 EXT 2 Email: libertytattooremoval@capslo.org	The tattoo must be: Anti-social, Gang related, preventing employment, interfering with your life
<b>Long-Term Care Ombudsman</b> 3232 S. Higuera St., #101B, SLO 93401	805-785-0132 Crisis Line: 800-231-4042	Long Term Care Ombudsman Services of San Luis Obispo County is an advocate for improving in resident care and improving resident's quality of life
Narcotics Anonymous 3075 Broad St, SLO 93401	800-549-7730	Nonprofit fellowship or society of men and women for whom drugs had become a major problem.
People's Self-Help Housing Program 3533 Empleo St., SLO 93401	805-781-3088 www.pshhc.org	Provides minor home repairs, special needs rental and home owner construction
Planned Parenthood 743 Pismo Street, SLO 93401	1-888-898-3806	Provides high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance.
Pregnancy and Parenting Support 7 offices on the Central Coast Please call for locations.	805-541-3367 Email: info@ppsslo.org www.ppsslo.org	Free services for; pregnancy testing, infant equipment, prenatal vitamins, emergency supplies, diapers, formula and maternity and infant clothing, and support services.

Public Health Department	After hours: 805-781-4553 for	Vaccines & immunizations, TB testing, communicable
County of SLO	emergency or urgent communicable disease line.	disease follow up, birth certificates, death certificates, medical marijuana identification card. not all offices have the above services so call first.
2191 Johnson Ave., SLO 93401 2180 Johnson Ave, SLO 93401	805-781-5500 805-781-4878	the above services so call first.
286 S. 16 <sup>th</sup> St., GB 93433	805-473-7050	
732 Walnut Dr., PR 93446 760 Morro Bay Blvd., MB 93442	805-237-3050 805-781-4878	
RIDE-ON	805-541-8747	Provides general transportation services through San Luis
3620 Sacramento Dr. Ste 201, SLO 93401	Mon-Fri from 7:00 am to 5:00 p.m.	Obispo County.
RISE	24 Hour Crisis Line: 855-886-7473	Provides crisis intervention and treatment services to
51 Zaca Lane #140, SLO 93401 1030 Vine Street, PR 93446	Business: 805-226-5400 www.RISEslo.org	survivors of intimate partner violence, sexual and domestic abuse. Free of charge and services in English and Spanish.
Salvation Army		Most services offered at the following locations: Casework
815 Islay Street, SLO 93401 1550 W. Branch St., AG 93420	805-544-2401 805-481-0278	services, men and women ministries, worship services, emergency financial assistance, food and nutrition
540 Quintana Rd., MB 93442	805-772-7062	programs and seasonal services.
8420 El Camino Real Unit G, Atas	805-466-7201	
93422 711 Paso Robles St., PR 93446	805-238-9591	
Senior Legal Services Project	805-543-5140	Those most in need receive assistance housing needs
3437 Empresa Drive, Ste., D, SLO	Email: info@slolaf.org	(landlord-tenant, evictions, nursing homes and board and
93401	www.slolal.org	care situations), and protection from elder abuse situations. The Project also helps clients in financial
	www.sioidi.org	distress deal with aggressive creditors.
Shower of Hope	Saturdays: 9:00 a.m. to 1:00 p.m.	On Tuesdays only at the SLO City Hall, offers showers, from
11245 Los Osos Valley Rd., SLO 93405	805-234-5478	9:00 a.m. to 1:00 p.m.
	www.hopesvillageofslo.com	
SLO Food Bank	M-F, 9am-4pm	Food resources across SLO County
1180 Kendall Rd., SLO	(805) 238-4664	
	slofoodbank.org	
SLO Hotline	24 Hours Hotline: 800-783-0607	Mental health support, resources, and suicide
784 High Street, SLO 935 Riverside Ave, Suite #6, PR	Business: 805-540-6500	prevention lifeline. Confidential. Free. Hablamos
93446	www.t- mha.org	Español.
Social Security Administration	Monday, Tuesday, Thursday, Friday	Information or applying for Social Security Benefits through
3240 S. Higuera Street San Luis Obispo, CA 93401	9am to 4pm Wed 9am to Noon. 855-207-4865	the State of California.
Stand Strong	Crisis Line: 805-781-6400 Spanish	24 Hour crisis line, emergency shelter, transitional
51 Zaca Lane, Suite 150, SLO	Crisis Line: 805-781-6401 Ext:229	housing, counseling and legal services, to survivors of
93401	Business: 805-781-6401 www.standstrongnow.org	intimate partner violence, sexual and domestic abuse. Children's Services Program and Latinx Services Program
		for the
State Disability (SDI)	Mon Fri Sam Form	Spanish speaking clients.
<b>State Disability (SDI)</b> America's Job Center of California	Mon-Fri 8am -5pm 800-480-3287	To apply for or obtain application status on SDI benefits.
880 Industrial Way SLO 93401	www.edd.ca.gov	
Superior Court of SLO County	Mon-Fri 8:30 am to 4:00 pm	Assists with small claims cases filed in SLO County.
1050 Monterey Street, SLO 93408	www.slocourts.net 805-706-3600	Assists with child support orders, child custody and visitation orders, spousal support orders, response to
214 S. 16th Street, GB 93433		Department of Child Support Services case, response to
901 Park Street, PR 93446		request for order Establish a legal parent and child
		relationship when there is no marriage, domestic violence restraining orders, civil harassment restraining
		orders, start or terminate a guardianship, name change /
!		gender change
Transitions-Mental Health	805-540-6500	Wellness Centers operated by people in mental health
Transitions-Mental Health Association	805-540-6500 info@t-mha.org	Wellness Centers operated by people in mental health recovery, guidance through the mental health system,
		recovery, guidance through the mental health system, advisory groups, education and outreach, access to
Association	info@t-mha.org	recovery, guidance through the mental health system, advisory groups, education and outreach, access to local resources and support through 24-hour crisis and suicide
<b>Association</b> 784 High Street, SLO 93401	info@t-mha.org www.t-mha.org SLO Hotline: 800-783-0607	recovery, guidance through the mental health system, advisory groups, education and outreach, access to local resources and support through 24-hour crisis and suicide intervention resources
Association 784 High Street, SLO 93401  Tri-Counties Regional Center	info@t-mha.org www.t-mha.org SLO Hotline: 800-783-0607 https://www.tri-counties.org/	recovery, guidance through the mental health system, advisory groups, education and outreach, access to local resources and support through 24-hour crisis and suicide
<b>Association</b> 784 High Street, SLO 93401	info@t-mha.org www.t-mha.org SLO Hotline: 800-783-0607	recovery, guidance through the mental health system, advisory groups, education and outreach, access to local resources and support through 24-hour crisis and suicide intervention resources

Veterans Affairs & Outpatient Clinic - US Department of Veterans Affairs 1288 Morro St. SLO 93401	805-543-1233 https://www.va.gov/	Medical Care, Referral Services, Veterans Services
Veterans Crisis Line US Department of Veterans Affairs	800-273-8255 and Press 1 Text: 838255 TTY: 800-799-4889 Confidential www.VeteransCrisisLine.net	24 Hours a day, 365 days a year to all Veterans and their families and friends who need assistance with an experiencing emotional distress or a suicidal crisis for a Veteran.
Veterans Support Program CAPSLO 265 South Street Ste H, SLO 93401 2915 Union Road Suite D, PR 93446 1566 West Grand Avenue, GB 93433	805-534-1698 805-237-0352 805-574-1638	Assist veterans who are homeless make a successful transition to permanent housing. Supportive services are available to eligible veterans and other members of the household based on an assessment of their needs and individualized housing stability plan.  Participation in case management is required to ensure the success of households assisted
Victim Witness Assistance Center 1035 Palm Street #384, SLO 93408	805-781-5821 Toll Free: 866-781-5821	Works to reduce the trauma, frustration and inconvenience experienced by victims, witnesses, and family members affected by crime. We do this by providing a wide variety of services to victims of crime and their families, in addition to supporting victims and witnesses throughout the criminal justice process
Wilshire Community Services 285 South St., Ste., J, SLO 93401	805-547-7025 Email: Seniorpeer@Whilshirecs.org	Senior Services for counseling and therapy, companionship, rides, errands and more, conflict resolution, and behavioral health services
Women Infants and Children Nutrition Services 2180 Johnson St., SLO 286 S. 16 <sup>TH</sup> St., Ste. B, GB 760 Morro Bay Blvd., MB 200 East Dena St., Nipomo 723 Walnut St., PR 5575 Capistrano Ave., Atas	805-781-5570 805-473-7130 805-781-5570 805-781-5570 805-237-3065 805-781-5570	WIC provides supplemental foods, healthcare referrals, nutrition education, and breastfeeding promotion and support to low-income pregnant, breastfeeding, and postpartum women, and to infants and children up to age five who are found to be at nutritional risk.